# Lublin helpline <br> for people fleeing the war in Ukraine 

## +4533 391569

## PSYCHOLOCICAL HELP

Crisis Intervention Center in Lublin Probostwo 6A Street

- psychologist on duty in Ukrainian language:
- from Monday to Friday from 15.00-19.00, tel. +48575983 457, Probostwo 6A Street
- every Saturday, from 9.00-14.00, tel. +48733588900, Północna 125 Street
- 24-hour psychologist on duty in Polish language, tel. +48 733588900


## MEDICAL ASSISTANCE

## - free health care

for citizens of Ukraine who have a certificate issued by the Border Guard of the Republic of Poland or an imprint of the stamp of the Polish Border Guard in the travel document, confirming their legal stay in the territory of the Republic of Poland, after crossing the border from February 24, 2022, in connection with war on territory of Ukraine

## Helpline of the Ministry of Health in Ukrainian and Polish languages

## +48 800137200

- detailed information, including vaccination against Covid-19, available on the website of the National Health Fund / Lublin Department: www.nfz-lublin.pl


## CARE FOR CHILDREN AND YOUTH

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- a common room for refugee children and youth
Galeria Labirynt, Popiełuszki 5Street
- Tuesday - Friday: 9.00-16.00
- Saturday - Sunday: 12.00-16.00
- a friendly sensory room for children and a space for parents
Mother Base at the Centre for Cultural, Peowiaków 12 Street - daily, 9.00-16.00
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- a common room for children and a place of rest for parents

Workshops of Culture, Grodzka 5a Street

- Monday - Friday: 10.00-16.00

Society of the Friends of Children, Narutowicza 54 Street

- Monday - Friday: 9.00-14.00
- Saturday - Sunday: 9.00-15.00


## FREE PUBLIC TRANSPORT AND PARKINGS

Citizens from Ukraine, seeking shelter in our city, can use public transport free of charge and are exempt from paying for parking spaces in the Paid Parking Zone.

